

LESSON 1

Whole Notes and Whole Rests

Staff Measure Treble Clef $\frac{4}{4}$ time Whole Note Whole Rest

Bar Double Bar

(4 Counts to a measure.
Quarter note gets one count.)

1 (B)

2 (A)

3

4 (G)

5

6

7 (C)

8

9

10